



## The Crawford Clinic

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# General Wound Care

### 1. Dermabond® Dressing Care:

- OK to shower day of surgery.
- Lift nothing heavier than gallon milk jug or 5lbs for 1 week.

### 2. General Wound Care Instructions for Closed Incisions:

- Dressing should be kept dry for 48 hours.
- Remove outer dressing in 48 hours.
- If you have staples, they will be removed in 1-2 weeks after the operation in the office.
- Leave Steri-Strips in place.
- OK to shower in 48 hours.
- No soaking in the tub or swimming for 1 week.
- Lift nothing heavier than gallon milk jug or 5lbs for 1 week.

### 3. Open wounds

- Remove packing in 24-48 hours after operation.
- Pack wound with normal saline or sterile water moistened gauze.
- Keep moist gauze in wound only and dry gauze on the skin surface.
- Do not use multiple small pieces of gauze if wound is big. Pieces may get loss.
- Rinse wound out with soap and water in the shower unless otherwise instructed.
- If wound has an excessive amount of drainage, pack with a dry gauze.
- Continue packing wound until it is flush with the surrounding skin.
- When the wound is flush, cover with **Neosporin®**, or bacitracin and a dry gauze.

Call The Crawford Clinic right away if:

- You develop a fever over 101.5°F (38.5°C).
- You have redness, swelling, pain, or drainage from the incisions.
- You become dizzy and faint.
- You have chest pain.
- You have nausea and vomiting.
- You become short of breath.
- You have abdominal pain or swelling that gets worse.

Call during office hours if:

- You have questions about the procedure or its result.
- You want to make another appointment.
- If you require more pain medication.