



The Crawford Clinic

1900 Leighton Avenue Suite 101 Anniston, Alabama 36207
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Anal Fissure

Post-op Instructions

1. Anal Fissure:

- Remove the dressing when you have to have your first bowel movement.
- If the dressing comes off, leave it off.
- Some rectal bleeding is normal.
- Take stool softener every day until pain resolves.
- If stool is hard with Colace, take 1 tbsp. of mineral oil with each meal until soft.
- Nothing per rectum unless cleared by Dr. Crawford or on call physician.
- A Sitz bath after each bowel movement may help if you have pain with bowel movements.

Call The Crawford Clinic right away if:

- You develop a fever over 101.5°F (38.5°C).
- You are unable to urinate.
- If you have continual pain one week past the operation.
- If you continue to have significant bleeding one week past the operation
- You become dizzy and faint.
- You have chest pain.
- You have nausea and vomiting.
- You become short of breath.
- You have abdominal pain or swelling that gets worse.

Call during office hours if:

- You have questions about the procedure or its result.
- You want to make another appointment.
- If you require more pain medication.