



The Crawford Clinic

1900 Leighton Avenue Suite 101 Anniston, Alabama 36207
Phone: 256-240-7272 Fax: 256-240-7242

Thyroid Nodule

Post-op Instructions

1. Wound Care:

- OK to shower day of aspiration and/or biopsy.
- Lift nothing heavier than gallon milk jug or 5lbs for 1 day.
- Increase your range of motion the day after the biopsy.
- Your results will take about a week to be processed.
- F/U with The Crawford Clinic in 1 -2 weeks.
- A little swelling at the site is normal.
- If your neck continues to swell after leaving the facility, call the office immediately.

Call The Crawford Clinic right away if:

- You develop a fever over 101.5°F (38.5°C).
- You have redness, swelling, pain, or drainage from the incisions.
- You become dizzy and faint.
- You have chest pain.
- You have nausea and vomiting.
- You become short of breath.
- You have abdominal pain or swelling that gets worse.

Call during office hours if:

- You have questions about the procedure or its result.
- You want to make another appointment.
- If you require more pain medication.