



## The Crawford Clinic

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Phone: 256-240-7272 Fax: 256-240-7242

# Lap Band Operative Process

## Two weeks before your operation:

1. Come to clinic for liquid diet start day visit
2. You will be weighed
3. the nurse will ask you if you have any questions about the liquid diet. These will be answered before you leave the office
4. You will take a picture after you weigh in.

## Day before Operation/ End of Liquid Diet

1. Come to clinic for pre-operative visit
2. You will be weighed. Your weight must be less than the weight of you liquid start day visit. If it is not, you will have your surgery date changed and will continue the liquid diet for another week.
3. You will have a full set of vitals done including blood pressure, heart rate, respiratory rate, and temperature.
4. If you have any questions about the procedure, Dr. Crawford will answer them at that time.
5. The nurse will remind you where the procedure will be done and what time you need to be at the hospital.
6. Take all medications with a sip of water the morning of the procedure unless otherwise instructed by the nurse of the anesthesiologist at the hospital.

## Day of Procedure

1. If you have questions before the procedure, please inform the nurse getting you ready for the operation know early.
2. Your family will be given the post-op instructions including the directions for the diet prior to you leaving for the procedure
3. You will follow up 6 weeks after the procedure unless otherwise specified.

### *Call The Crawford Clinic right away if:*

- You develop a fever over 100°F
- You have chest pain.
- You have nausea and vomiting.
- You become short of breath.
- You have questions about the procedure or its result.